



NOV 16-18, 2018
*Embody Your
Feminine Essence*

A YOGA WORKSHOP
with Rhonda Mills

in Wildwood, Missouri
\$55 per session, \$200 all 4 sessions; or
\$180 rec'd by Nov 9.



www.ShantiVision.com

SHANTI VISION
Practice Yoga
Practice Peace

Friday Evening
6-8:30pm

*Rest, replenish and
plug into source
energy for sustainable
renewal.*

Saturday Morning
10-12:30pm

*Revitalize your energy
and radiate your
essence authentically.*

Saturday Afternoon
2:30-5pm

*Being at home in the
movements of life:
resting in your
wholeness is
pleasurable!*

Sunday Morning
10-12:30pm

*Attune to beauty,
savor relationships,
and celebrate inter-
connection.*